

PEDIATRIC CONCUSSION HEALTH CARE RESOURCES

CLINICS—HOSPITALS

CHEO—Concussion Clinic

Clinic Pediatrician—Dr. Kristen Goulet

Clinic NP –Gail Macartney

Website: <http://www.cheo.on.ca/en/concussionclinic>

Contact: The concussion clinic will be open from **8 am to 4 pm every Friday**. For clinical questions, contact: Gail Macartney, Nurse Practitioner, 613 737-7600 ext. 3396

Highlights from the Website:

The Concussion Clinic at CHEO provides care to children with persistent symptoms greater than one month following concussive injuries. The clinic will provide services on Fridays at our Bank Street location.

Referral Requirements Include:

- Children who have sustained a head injury (direct or indirect blow to the head) resulting in concussion-like symptoms (e.g. physical, cognitive, emotional, sleep disturbance etc...)
- Patients who have remained symptomatic at least 4 weeks after the injury
- 18 years of age or younger

The Concussion Clinic will provide the following services:

- Symptoms and physical assessment
- Diagnosis of physical, social, cognitive or emotional problems
- Information about concussions including pathophysiology, prognostic factors, therapeutic interventions, symptom management strategies and recovery expectations
- Plan of care development including:
 - Need for additional testing or imaging
 - Specialist referral

- Appropriate adjunct therapies
- Individualized "return to learn" and "return to play" guidelines to expedite recovery time
- Collaboration with primary care provider and clinic follow-up for as long as deemed necessary

LHSC – London

LHSC provides acute head injury management through their PED.

Sport Concussion Care is provided through the Fowler Kennedy Sports Medicine Clinic. The clinic has three locations (none with the Hospital setting):

- Western University Clinic
- Fanshawe College
- Citi Plaza

Each of these locations is opened Monday to Friday 7:00 to 19:00 hours daily. Potential patients may book an appointment directly (a referral by the family doctor is not required but the clinic recommends (referrals by the family doctor enables them to coordinate care). The appointment is covered by OHIP.

Website: <http://fowlerkennedy.com/patient-care-services/sport-concussion-care>

Staff: Orthopedic surgeons, Sports Medicine Physicians, RNs, Physiotherapists, Kinesiologists, Physiotherapy Assistants

Thames Valley Children’s Centre

Thames Valley provides a Pediatric Acquired Brain Injury Community Outreach Program (PABICOP). PABICOP compliments the services already available within each child/adolescent's community. We recognize that children and adolescents with ABI and their families have complex and long-term needs.

Website: <http://www.tvcc.on.ca/paediatric-acquired-brain-injury-pabycop.htm>

Staff: Developmental Pediatrician, Social Worker, Community Outreach Coordinator, School Liaison, Occupational Therapist

This program aims to:

- Provide single point access for case coordination/case management
- Support children and adolescents with ABI and their families through difficult and complex transitions from hospital to home, school and community
- Support children and adolescents with ABI related social, academic, medical and/or emotional issues

- Assist families to gain knowledge and skills to access the services needed for their child's health, education, social and emotional development
- Provide health promotion regarding prevention and management of ABI

Services are delivered in the following locations:

- Clinics in the counties of Middlesex, Elgin, Oxford, Huron and Perth
- Home visits, telephone support, consultation and counselling
- Interdisciplinary case conferences
- School and community liaison
- In-services and workshops

We Can Help if You Need the Following:

- Specialized clinical consultation
- Assistance with transition from hospital to home
- Assistance with accessing or coordinating services
- School support/liaison
- Reintegration to community
- Resource information
- Specialized education about ABI
- Neuropsychological assessment

ALLIED HEALTH CLINICS

SVA Concussion Clinic

“At the SVA Concussion Clinic we provide multidisciplinary assessment, diagnosis, and treatment of concussion/mild traumatic brain injury (mTBI) and post-concussive syndrome in children, teens, adults and seniors.” At the SVA Concussion Clinic we provide multidisciplinary assessment, diagnosis, and treatment of concussion/mild traumatic brain injury (mTBI) and post-concussive syndrome in children, teens, adults and seniors. We offer ImPACT baseline and post-injury assessment, and Return-to-Play and Return-to-School recommendations for athletes.

Services include:

psychology	optometry	athletic therapy	massage therapy
physiatry	neuropsychology	chiropractic	vestibular rehabilitation
pharmacy	physiotherapy	neurology	naturopathic medicine
acupuncture	speech-language pathology	occupational therapy	

Address: 2-573 Maple Avenue, Burlington, ON, L7S 2E8

Phone: 905-333-0072

Fax: 905-333-0082

Email: info@svapsych.ca

Website: www.svapsych.ca/concussion-clinic

David Braley Sport Medicine & Rehab Centre at McMaster

Medical Services: Orthopedic Surgeons, Sport Medicine Physicians, Physiatry (Physical Medicine and Rehabilitation), Impact Concussion Screening

Rehabilitation Services: Physiotherapy, Athletic Therapy, Massage, Chiro, Osteo, Hydro Therapy Pool, Return to Sports Programs, Bracing, Orthotics, Active Exercise Program, Pilate

Address: 1280 Main St. W, Hamilton, ON, L8S 4K1

Phone: 905-525-9140 ext. 23575

Fax: 905-526-7397

Website: <http://www.marauders.ca/sports/2011/4/4/SPORTSMEDABOUT.aspx?path=sportsmed>

Complete Concussion Management

“With over 75 clinic locations across the country, we offer the largest multidisciplinary network of certified physicians, physiotherapists, chiropractors, neuropsychologists and various medical specialists committed to delivering the highest quality, evidence-based concussion care.”

<http://completeconcussions.com/>

Local Clinics

Total Physio

930 Upper Paradise Rd
Unit 14, Hamilton, ON, L9B 2N1
905-318-2495

<http://www.total-physio.com>

Total Physio

754 Queenston Rd
Unit 4C, Hamilton, ON, L8G 1A4
905-578-1900

<http://www.total-physio.com>

Healthy Body Chiropractic

2-1314 Upper Wentworth St.
Hamilton, ON, L9A 4W2
905-389-9522

<http://www.healthy-body.ca>

SPORTS MEDICINE PHYSICIANS

All names listed on: <http://sportsandexercisemedicine.ca/s/> - (some clinics only specialize in musculoskeletal injuries)

Name, Designation	Location	Website
Carol Aiken, CCFP, Dip. Sport Med, SEM Fellow McMaster	Oakville, Ontario	
David Robinson, Primary Care Sport Medicine physician	David Braley Sport Medicine Centre DBAC WB127 - 1280 Main Street West Hamilton, Ontario 905-525-9140 x23575 (office phone)	http://www.marauders.ca
Donna Rowlands, MD CCFP(EM) Dip Sport Med	72 Brant Ave Brantford , Ontario 519-770-0128 (office phone)	
E Laura Cruz, <i>MSC, MD, CCFP, DIP SPORT MED</i>	Pivot Sport Medicine and Orthopaedics 2288 Bloor St West Toronto, Ontario 416-767-4868 (office phone)	http://www.pivotsmo.com
Gary Abraham, BSC. Kinesiology, MD. DIP. Sport Med.	Sports Medicine Specialist-Brampton 247 McMurchy Avenue South Brampton, Ontario 905-455-0800 (office phone)	http://www.sportmedspecialists.com
Janet McMordie, <i>BSC, MSC, MD</i>	McMaster University http://www.medportal.ca	
John Bowman, DIP. Sport Med	Collingwood Sport Medicine and Rehabilitation Centre 10 Keith Ave. Collingwood , Ontario 705-444-5303 (office phone)	http://sportsmedicine.on.ca/
Joseph Quigg, BPE, MD, CCFP (EM), DIP. Sport Med.	Kingston Ortopedic & Pain Institute- Sport Medicine 797 Princess St., Suite 500 Kingston, Ontario 613-344-1202 (office phone)	http://KOPI.ca
Julia Alleyne, BHSC(PT) MD CCFP DIP Sport Med MSC(CH)	Women's College Hospital 76 Grenville St.	

Name, Designation	Location	Website
	Toronto, Ontario 416-323-6479 (office phone)	
Karen Murtaugh, <i>CCFP, DIP. SPORT MED.</i>	Elliott and Escarpment Sports Medicine Clinics Burlington and Milton, Ontario 905-336-3340 (office phone)	http://www.escarpmentsportsmed.ca/
Laura Purcell, MD, FRCPC, DIP Sport Med.	Elliott Sports Medicine Clinic 1100 Walkers Line Burlington, Ontario 905-336-3340 (office phone)	http://www.elliottsportsmed.ca
Louise Walker, MD CCFP FCFP DIPLOMA SEM CASEM	Ottawa Sport Medicine Centre 1370 Clyde Avenue Ottawa, Ontario 613-727-2745 (office phone)	http://www.prophysiotherapy.com/index.html
Ravjit Ahluwalia, <i>M.D, CCFP</i>	Athlete's Care 180 Sandalwood Parkway East Brampton, Ontario 905-495-4409 (office phone)	http://www.athletescare.com
Steven Matlis, <i>B.SC., M.D., CCFP</i>	Matlis Medical, Urgent Walk in Clinic, Sports Medicine 8200 Bayview Ave Thornhill, Ontario 905-881-3212 (office phone)	http://www.MatlisMedical.com
Tatiana Jevremovic, <i>MD, CCFP(EM), DIP. SPORT. MED</i>	Fowler Kennedy Sport Medicine Clinic 3M Centre, Western University London, Ontario 519-661-3011 (office phone)	http://www.fowlerkennedy.com
Todd Bentley, MD, MSC, FRCPC, DAPM&R, DIP SPORT MED, FABEM	Advanced Physiotherapy and Sport Medicine 550 Fennell Avenue East Hamilton, Ontario 905 304 7950 (office phone)	http://www.advancedptsm.com/
Trevor Hall, <i>MD, CCFP, DIP SPORT MED</i>	Grand River Sports Medicine Centre 700 Strasburg Road Kitchener, Ontario 519 571 7111 (office phone)	http://www.grsm.ca
Wade Elliott, MD, CCFP, DIP SPORT MED	Elliott Sports Medicine Clinic 102-1100 Walkers Line	http://www.elliottsportsmed.ca

Name, Designation	Location	Website
	Burlington, Ontario 905-336-3340 (office phone)	

NEUROPSYCHOLOGISTS

Name	Contact Phone/Email	Location of Office	Assessment Type	Age
Dr. Cheryl Alyman	(905) 522-0011 or dr.alyman@cogeco.net	Hamilton	Neuropsychological	Children & Adolescents
Bieman-Copland and Associates (Dr. Linda Cudmore)	(905) 227-2264 or 1-866-335-3364	St. Catharines	Neuropsychological	Children & Adolescents (4-16)
Dr. Alan Finlayson & Associates Neurobehavioural Rehabilitation	(905) 628-9111	Dundas	Clinical, Educational, Vocational* & Neuropsychological*	Children & Adolescents*
Kaplan & Kaplan Psychologists and Assessment Center	(905) 529-5131 or kaplanpsychologists.com	Hamilton	Clinical, Educational, Vocational* & Neuropsychological	Infants, Children & Adolescents*
Schneider and Associates Psychological Services	(905) 575-4525 or www.schneiderpsychologists.com	Hamilton	Clinical, Educational, Vocational, & Neuropsychological	Adolescents (14+)
Scott & Associates NeuroDevelopmental Services	(519) 442--9994	Paris	Clinical, Educational, & Neuropsychological	Children & Adolescents
Storrie, Velikonja & Associates	(905) 333-0072 or dvelikonja@svapsych.ca or jstorrie@svapsych.ca or www.svapsych.ca	Burlington	Clinical, Educational, & Neuropsychological	Children & Adolescents (6+)
Dr. Irina Valentin	(416) 836-7050 or dr.irina.valentin@gmail.com	1. Toronto (Vaughan Rd) 2. Flamborough *travels to offices/homes	Clinical, Educational, & Neuropsychological	Children & Adolescents
Dr. Erin Warriner	Tel: (905) 746-2404 Fax: (905) 643-4941	Hamilton	Clinical, Educational, & Neuropsychological	Children & Adolescents (All ages)

Name	Contact Phone/Email	Location of Office	Assessment Type	Age
	drewarriner@sympatico.ca			