



What are the recommendations for the novel oral anticoagulants (NOACs) (apixaban, dabigatran, rivaroxaban) versus warfarin for patients with nonvalvular atrial fibrillation?

- Overall: exact role to be determined due to limited real world experience with the new agents
- Canadian: CCS²⁰¹², Thrombosis Canada²⁰¹³: NOACs are preferred over warfarin, CADTH²⁰¹²: 1st line=warfarin; 2nd line=NOACs for patients not doing well on warfarin
- American: CHEST²⁰¹²: dabigatran preferred over warfarin, AHA/ASA²⁰¹²: NOACs are alternatives to warfarin; AAN²⁰¹⁴: no preference - choose one of warfarin, dabigatran, rivaroxaban or apixaban¹⁸
- European: ESC²⁰¹²: NOACs preferred over warfarin, EHRA²⁰¹³: NOACs are alternatives to warfarin

Consider warfarin in patients with valvular heart disease, poor renal function, controlled on warfarin & no concerns with INR monitoring, and/or at risk of dyspepsia^{dabigatran} or GI bleed.

Considerations	Warfarin Coumadin	Dabigatran Pradaxa	Apixaban Eliquis	Rivaroxaban Xarelto
Mechanism	Vitamin K Inhibitor (Factors II, VII, IX, X & Proteins C, S)	Direct Thrombin Inhibitor	Direct Factor Xa Inhibitor	Direct Factor Xa Inhibitor
Experience	Approximately 60 years	Median follow-up = 2 years ^{RE-LY,19} Mean CHADS ₂ score = 2.1, n=18,113	Median follow-up = 1.8 years ^{ARISTOTLE,20} Mean CHADS ₂ score = 2.1, n=18,201	Median follow-up = 1.9 years ^{ROCKET-AF,21} Mean CHADS ₂ score = 3.5, n=14,264
Efficacy	Reduces the risk of stroke by 65% Depends on the time spent in therapeutic range	<u>150mg bid</u> : Superior to warfarin for stroke or systemic embolism (NNT=88 in 2 years); Hemorrhagic stroke: 0.10%/y vs 0.38%/y warfarin; Ischemic stroke: 0.92%/y vs 1.21%/y warfarin <u>110mg bid</u> : Non-inferior to warfarin	Superior to warfarin for stroke or systemic embolism (NNT=167) & mortality (NNT=132) Hemorrhagic stroke: 0.24%/y vs 0.47%/y warfarin; Ischemic stroke: 0.97%/y vs 1.51%/y warfarin	Non-inferior to warfarin for stroke or systemic embolism Hemorrhagic stroke: 0.26%/y vs 0.44%/y warfarin; Ischemic stroke: 1.34%/y vs 1.42%/y warfarin
Safety	Risk of nonhemorrhagic stroke when INR < 2 Risk of bleed when INR > 3 Overall rate of hemorrhage in Ontario ²² Intracranial: 0.2% per person-year Upper GI: 1.0% per person-year Lower GI: 1.4% per person-year	<u>150mg bid</u> : no difference in major bleeds, less intracranial bleed (0.32%/y vs 0.76%/y warfarin, NNT=116), more GI bleed (1.56%/y vs 1.07%/y warfarin, NNH=100), more dyspepsia (NNH=18) vs warfarin; Increase MI risk? <u>110mg bid</u> : less major bleed (NNT=77), less intracranial bleed (0.23%/y vs 0.76%/y warfarin, NNT=96), more dyspepsia (NNH=17) vs warfarin No established antidote	Less major bleed (NNT=67), less intracranial bleed (0.33%/y vs 0.80%/y warfarin, NNT=128), no difference in GI bleed (0.76%/y vs 0.86%/y warfarin) vs warfarin	No difference in major bleed, less intracranial bleed (0.5%/y vs 0.7%/y warfarin, NNT=250), more GI bleed (3.2% vs 2.2% warfarin, NNH=100), more epistaxis (NNH=67), more hematuria (NNH=125) vs warfarin
Antidote	Vitamin K 1-10mg PO	Potential options: dialysis, activated charcoal if < 2-3 h of administration	No established antidote Potential options: prothrombin complex concentrate, recombinant factor VIIa, activated charcoal if < 2-3 h	No established antidote Potential options: prothrombin complex concentrate, recombinant factor VIIa, activated charcoal if < 2-3 h
Monitoring	Routine & frequent INR tests, up to q3months	SCr & calculated CrCl – at least annually Contraindicated : dronedarone, ketoconazole Avoid : rifampicin	SCr & calculated CrCl – at least annually	SCr & calculated CrCl – at least annually
Drug interactions	Numerous well-documented drug interactions INR monitoring more frequently	Caution : P-gp inhibitor [†] (dabigatran] (amiodarone, clarithromycin, cyclosporine, itra-, posaconazole, nefin-, riton-, sequin-, tipran-avir, quinidine, tacagrelor, tacrolimus, verapamil ^{Take dabi 2 hrs before}); P-gp inducer [†] (dabigatran] (carbamazepine, St. John's Wort, tenofovir) Antacids [†] (dabigatran] (H ₂ RA, PPI, Al-Mg Hydroxide) ^{Take dabigatran 2 hours before antacid}	Contraindicated : keto, itra, posacon-azoles, ritonavir Caution : CYP 3A4 and P-gp inducers (carbamazepine, phenytoin, rifampin, St. John's Wort) and inhibitors (amiodarone, dronedarone, quinidine, verapamil)	Contraindicated : itra, keto, posacon-azoles, ritonavir Caution : CYP 3A4 and P-gp inducers (carbamazepine, clarithromycin, phenytoin, rifampin, St. John's Wort)
Half-life	Longer half-life (2.5 days)	Half-life = 12-17 hours	Half-life = 12 hours	Half-life = 5-9 hrs (young), 11-13 hrs (elderly)
Dosage^{CPS}	Once daily, target INR 2-3	150mg po twice daily 110mg po twice daily in patients who are ≥ 80 y or who are 75-79 y with ≥ 1 bleeding risk factor *	5mg po twice daily 2.5mg po twice daily in patients with ≥ 2 of the following criteria: age ≥ 80, body weight ≤ 60kg, or SCr ≥ 133 umol/L	20mg po once daily CrCl 30-49mL/min: 15mg po once daily
Renal function	No dosage adjustment required	Contraindicated if CrCl < 30mL/min	Excluded patients with CrCl < 25mL/min CrCl < 15mL/min not recommended	CrCl 30-49mL/min: 15mg po daily CrCl < 30mL/min not recommended
Switch TO →	Switch FROM Apix or Rivar TO → Warfarin : Start warfarin, stop Apix or Rivar when INR > 2 Switch FROM Dabigatran TO → Warfarin : CrCl>50mL/min: start warf 3 days before D/C dabi CrCl 31-50mL/min: start warf 2 days before D/C dabi CrCl 15-30mL: start warfarin 1 day before D/C dabi	Switch FROM Warfarin TO → Dabigatran Stop warfarin. Start Dabigatran when INR<2	Switch FROM Warfarin TO → Apixaban Stop warfarin. Start Apixaban when INR < 2	Switch FROM Warfarin TO → Rivaroxaban Stop warfarin. Start Rivar when INR < 2
Limited Use^{ODB}	None	Code for non-valvular atrial fibrillation: 432	Code for non-valvular atrial fibrillation: 448	Code for non-valvular atrial fibrillation: 435
Cost/month	\$40 (includes INR monitoring cost)+dispensing fee	\$96+dispensing fee	\$96+dispensing fee	\$85.20+dispensing fee
Dabigatran Pradaxa issues	*Bleeding Risk Factors: Moderate renal impairment ^{30-50mL/min} , P-gp inhibitor, NSAID, anti-platelets ^{eg, ASA, clopidogrel} , congenital/acquired coagulation disorders, thrombocytopenia or functional platelet defects, active/recent ulcerative GI bleeding, recent biopsy or major trauma, recent intracranial hemorrhage, surgery ^{brain, spinal or ophthalmic} , bacterial endocarditis, age ≥ 75 y; Store capsules in original containers; cannot be in dosette or compliance package			

Limited Use Criteria for non-valvular atrial fibrillation

Apixaban

Code	Clinical Criteria
448	<p>INCLUSION CRITERIA: At risk patients with non-valvular atrial fibrillation, for the prevention of stroke and systemic embolism AND in whom:</p> <ol style="list-style-type: none"> 1. Anticoagulation is inadequate following at least a 2-month trial on warfarin; OR 2. Anticoagulation using warfarin is contraindicated or not possible due to inability to regularly monitor the patient via International Normalized Ratio (INR) testing (i.e. no access to INR testing services at a laboratory, clinic, pharmacy, and at home) <p>EXCLUSION CRITERIA:</p> <ol style="list-style-type: none"> 1. Patients with impaired renal function (creatinine clearance or estimated glomerular filtration rate less than 25mL per min); OR 2. Patients who are greater than or equal to 75 years of age and who do not have documented stable renal function; OR 3. Patients who have hemodynamically significant rheumatoid valvular heart disease (especially mitral stenosis); OR 4. Patients who have prosthetic heart valves. <p>NOTES: At-risk patients with atrial fibrillation are defined as those with a CHADS2 score of greater than or equal to 1. Prescribers may consider an antiplatelet regimen or oral anticoagulation for patients with a CHADS2 score of 1. Inadequate anticoagulation is defined as INR testing results that are outside the desired INR range for at least 35% of the tests during the monitoring period (i.e., adequate anticoagulation is defined as INR test results that are within the desired INR range for at least 65% of the tests during the monitoring period). Documented stable renal function is defined as creatinine clearance or estimated glomerular filtration rate maintained for at least 3 months. DOSING: the usual recommended dose is 5mg twice daily; a reduced dose of apixaban 2.5mg twice daily is recommended for patients with at least two (2) of the following: age greater than or equal to 80 years old, body weight less than or equal to 60kg, or serum creatinine greater than or equal to 133 micromole per litre. Since renal impairment can increase bleeding risk, renal function should be regularly monitored. Other factors that increase bleeding risk should also be assessed and monitored (see apixaban product monograph). Patients starting apixaban should have ready access to appropriate medical services to manage a major bleeding event. There is currently no data to support that apixaban provides adequate anticoagulation in patients with rheumatic valvular disease or those with prosthetic heart valves. As a result, apixaban is not recommended for these patient populations. LU Authorization Period: Indefinite</p>

Dabigatran

Code	Clinical Criteria
432	<p>For the prevention of stroke and systemic embolism in at risk patients with non-valvular atrial fibrillation (AF), AND in whom:</p> <ol style="list-style-type: none"> 1) Anticoagulation is inadequate following a reasonable trial on warfarin; OR 2) Anticoagulation with warfarin is contraindicated or not possible due to inability to regularly monitor via International Normalized Ratio (INR) testing (i.e., no access to INR testing services at a laboratory, clinic, pharmacy, and at home). <p>Exclusion Criteria: Impaired renal function (creatinine clearance or estimated glomerular filtration rate less than 30mL/min); OR greater than or equal to 75 years of age without documented stable renal function; OR hemodynamically significant rheumatic valvular heart disease, especially mitral stenosis; OR prosthetic heart valves.</p> <p>Note:</p> <ol style="list-style-type: none"> (a) Documented stable renal function is defined as creatinine clearance or estimated glomerular filtration rate maintained for at least 3 months (i.e., 30-49mL/min for 110mg twice daily dosing and, greater than or equal to 50mL/min for 150mg twice daily dosing for at least 3 months). (b) At risk patients with atrial fibrillation are defined as those with a CHADS2 score of greater than or equal to 1. (c) Inadequate anticoagulation is defined as INR testing results that are outside of the desired INR range for at least 35% of the tests during the monitoring period (i.e., adequate anticoagulation is defined as INR test results that are within the desired INR range for at least 65% of the tests during the monitoring period). (d) A reasonable trial on warfarin is defined as at least 2 months of therapy. (e) Since renal impairment can increase bleeding risk, renal function should be regularly monitored. Other factors that increase bleeding risk should also be assessed and monitored (see product monograph). (f) Patients starting dabigatran should have ready access to appropriate medical services to manage a major bleeding event. (g) There are currently no data to support that dabigatran provides adequate anticoagulation in patients with rheumatic valvular disease or those with prosthetic heart valves; dabigatran is not recommended in these populations. <p>LU Authorization Period: Indefinite</p>

Rivaroxaban

Code	Clinical Criteria
435	<p>For the prevention of stroke and systemic embolism in at-risk patients who have non-valvular atrial fibrillation (AF) AND in whom:</p> <ol style="list-style-type: none"> 1) Anticoagulation is inadequate following a reasonable trial on warfarin; OR 2) Anticoagulation with warfarin is contraindicated or not possible due to inability to regularly monitor via International Normalized Ratio (INR) testing (i.e., no access to INR testing service at a laboratory, clinic, pharmacy, and at home). <p>Exclusion Criteria: Patients who:</p> <ol style="list-style-type: none"> (a) have impaired renal function (creatinine clearance or estimated glomerular filtration rate less than 30mL/min); OR (b) are greater than or equal to 75 years in age without documented stable renal function; OR (c) have hemodynamically significant rheumatic valvular heart disease, especially mitral stenosis; OR (d) have prosthetic heart valves. <p>Definitions and Clarification:</p> <ol style="list-style-type: none"> (a) "documented stable renal function" is defined as creatinine clearance or estimated glomerular filtration rate that maintained for at least 3months (i.e., 30-49mL/min for 15mg once daily dosing or greater than or equal to 50mL/min for 20mg once daily dosing for at least 3 months). (b) "at-risk patients with atrial fibrillation" are defined as those with a CHADS2 score of greater than or equal to 1. Although the ROCKET-AF trial included patients with higher CHADS2 score (greater than or equal to 2), other landmark studies with the other newer oral anticoagulants demonstrated a therapeutic benefit in patients with a CHADS2 score of 1. Prescribers may consider an antiplatelet regimen or oral anticoagulation for patients with a CHADS2 score of 1. (c) "inadequate anticoagulation" is defined as INR testing results that are outside of the desired INR range for at least 35% of the tests during the monitoring period (i.e., adequate anticoagulation is defined as INR test results that are within the desired INR range for at least 65% of the tests during the monitoring period). (d) "a reasonable trial on warfarin" is defined as at least 2 months of therapy. (e) Since renal impairment can increase bleeding risk, renal function should be regularly monitored. Other factors that increase bleeding risk should also be assessed and monitored (see Xarelto product monograph). (f) Patients starting rivaroxaban should have ready access to appropriate medical services to manage a major bleeding event. (g) There is currently no data to support that rivaroxaban provides adequate anticoagulation in patients with rheumatic valvular disease or those with prosthetic heart valves, so rivaroxaban is not recommended in these populations. <p>LU Authorization Period: Indefinite</p>



Perioperative Management – Before & After an Invasive Procedure^{1,2,3,4}

Key Messages

- There is no strong evidence-based indications for bridging anticoagulation^{6,7,8,9,10}; bridging has a 3% risk for major bleeding & 10-15% risk of minor bleeding²
- The absolute risk of an embolic event for patients in whom anticoagulation is interrupted for 4 to 7 days is approximately 1% within 30 days^{11,12}
- Bridging is suggested in **high** thromboembolic (TE) risk patients, not suggested in **low** TE risk patients & optional in **intermediate** TE risk patients¹
- For patients on **apixaban, dabigatran or rivaroxaban** (NOACs), “unfractionated heparin (UFH) or low molecular weight heparin (LMWH) bridging” is **NOT** required³
- CAUTION: Delaying surgery and holding warfarin (without bridging) for too long will increase risk of stroke^{anecdotal case reports} – use clinical judgment!!
- For patients receiving **ASA** and have moderate to high risk of heart disease (e.g. diabetes), continue **ASA** before, during, and after surgery

Recommendations for Antiplatelets & NSAIDs in Perioperative Procedures^{1,4,13,14,15,16,17}

	Drug	Stop before surgery	CHEST 2012 recommendations
Antiplatelet	ASA ^{Aspirin}	Depends →	Patients receiving ASA and: <ul style="list-style-type: none"> • Undergoing a diagnostic test, <ul style="list-style-type: none"> ○ Associated with a low risk of bleeding (eg. minor dental, dermatologic or cataract surgery), continue ASA ○ Associated with a high risk of bleeding, D/C ASA 7-10 day prior to surgery • Undergoing arthrocentesis may continue ASA • Undergoing noncardiac surgery & at low risk of CV events, stop ASA 7-10 days before surgery • In patients at moderate to high risk (eg. ischemic heart disease, compensated or prior heart failure, diabetes, renal insufficiency, or cerebrovascular disease) who are receiving ASA therapy & require noncardiac surgery, suggest continue ASA • Require CABG, continue ASA • Remind patient to restart ASA after surgery
	Clopidogrel ^{Plavix}	5 days (see below)	
	Prasugrel ^{Effient}	7 days (see below)	
	Ticagrelor ^{Brilinta}	5 days (see below)	
	Ticlopidine ^{Ticlid}	14 days	
NSAIDs	Celecoxib ^{Celebrex}	2-3 days	
	Ibuprofen ^{Advil/Motrin}	½ day	
	Ketorolac ^{Toradol}	1 day	
	Meloxicam ^{Mobicox}	3 days	
	Naproxen ^{Aleve}	3 days	

Patients receiving **dual antiplatelet therapy (DAPT)**:^{Chest 2012}

- Patients with **coronary stent** having surgery
 - Recommend **deferring (any) surgery** for at least 6 weeks after a bare-metal stent & for at least 6 months after a drug-eluting stent instead of undertaking surgery
 - In patients who require surgery within 6 weeks of a bare-metal stent or within 6 months of a drug-eluting stent, suggest **continue DAPT** around the time of surgery
- Require CABG surgery, **continue ASA & stop clopidogrel^{Plavix}/ticagrelor^{Brilinta} 5 days** before surgery or **stop prasugrel^{Effient} 7 days** before surgery
- POST-OP: In patients with ACS, restart dual antiplatelet therapy at maintenance dose within **48-72 hours** when deemed safe by the cardiac surgical team

Examples

- A. 70y male taking **EC ASA 81mg daily** for primary prevention of cardiovascular disease and is scheduled for **2 teeth extractions next week**.
- B. 68y female with Type 2 Diabetes and Osteoporosis taking **Naproxen 375mg tid** for OA of knee and undergoing **right knee replacement**.
- C. 72y female with coronary stent placed 1.5 years ago and taking **both EC ASA 81mg daily and clopidogrel 75mg daily** (as per cardiologist) and is undergoing cataract surgery.
- D. 80y male taking **EC ASA 81mg daily** for secondary prevention of cardiovascular disease and is scheduled for **colonoscopy**.
- E. 75y female with AF, hypertension, diabetes, and prior stroke is undergoing **cataract removal** and is taking **warfarin** (INR = 2.3)
- F. 66y male is taking **rivaroxaban Xarelto 20mg po od** for recurrent VTEs (DVT 6 and 12 months ago) and has elective surgery for **transurethral resection of the prostate (TURP)**.
- G. 68y male with AF, heart failure, diabetes, and heart failure is undergoing **colonoscopy** and is taking **warfarin** (INR = 2.8)

Answers: A. Continue ASA B. Stop Naproxen 3 days before right knee replacement C. Continue ASA and stop clopidogrel 5 days before surgery D. Continue ASA (high risk of ischemic heart disease)		
E. Step 1: Cataract removal = Very Low risk of bleed	Step 2: Skip because of very low risk of bleed	Step 3: Warfarin = No need to stop before surgery
F. Step 1: TURP = Major urologic surgery = High risk of bleed	Step 2: Skip because on NOAC (rivaroxaban)	Step 3: Pre-op = skip 2 doses prior, Post-op = resume after 2 days
G. Step 1: Colonoscopy = Low risk, Polypectomy = High risk	Step 2: CHADS ₂ = 4 = High risk of TE → Bridging is optional	Step 3: Warfarin = stop 5 days prior (polypectomy?), resume day after

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Prepared by Margaret Jin, PharmD & HFHT Pharmacy Program



Steps for Managing Perioperative Antithrombotic Therapy [Warfarin^{Coumadin} & Novel Oral Anticoagulants (NOACs) (Apixaban^{Eliquis}, Dabigatran^{Pradaxa}, Rivaroxaban^{Xarelto})]

Step 1: Determine the procedure bleeding risk ⁵	Step 2: Determine the TE risk (to bridge or not to bridge?)	Step 3: Choose pre-op/post-op management accordingly																																							
<p>Very low Cataract removal, dental extractions (1 or 2 teeth) or teeth cleaning, minor skin procedure (eg. skin biopsy or skin cancer removal)</p>		<p>For Very Low procedure bleeding risk (Thrombosis Canada): Continue anticoagulation (warfarin & NOACs). <i>It is likely safe to not interrupt anticoagulation, but data to support such a practice is lacking.</i> ^{Thrombosis Canada}</p>																																							
<p>Low</p> <p>Coronary angiography, Dental/Dermatologic procedures Endoscopic Procedures [Capsule endoscopy, Diagnostic (colonoscopy, esophagogastroduodenoscopy, flexible sigmoidoscopy) including biopsy, Endoscopic retrograde cholangiopancreatography without sphincterotomy, Endoscopic ultrasonography without fine-needle aspiration, Enteral stent deployment (without dilation), Enteroscopy and diagnostic balloon-assisted enteroscopy] Laparoscopic cholecystectomy or inguinal hernia repair Ophthalmologic procedures Selected invasive procedures [bone marrow aspirate & biopsy, lymph node biopsy, thoracentesis, paracentesis, arthrocentesis]</p> <p>High Cardiac surgery [CABG or heart valve replacement] Endoscopic Procedures [Biliary or pancreatic sphincterotomy, Cystogastrotomy, Endoscopic hemostasis, Endoscopic ultrasonography with fine-needle aspiration, Percutaneous endoscopic gastrostomy placement, Pneumatic or bougie dilation, Polypectomy, Therapeutic balloon-assisted enteroscopy, Treatment of varices, Tumor ablation by any technique] Intestinal anastomosis surgery Lung resection surgery Major lower limb orthopedic surgery [hip/knee joint replacement] Major urologic surgery [prostatectomy, bladder tumour resection] Major vascular Surgery [abdominal aortic aneurysm repair, aortofemoral bypass] Neurosurgery [intracranial or spinal] Permanent pacemaker insertion or internal defibrillator placement Selected invasive procedures [kidney biopsy, prostate biopsy, cervical cone biopsy, pericardiocentesis] Spinal/epidural anesthesia Intermediate Other intraabdominal, intrathoracic, orthopedic or vascular Surgery</p>	<p>High (>10%/yr TE risk) → Bridge with LMWH/UFH</p> <table border="1"> <tr> <td>Mechanical Heart Valve (MHV)</td> <td> <ul style="list-style-type: none"> Any mitral valve prosthesis Any caged-ball or tilting disc aortic valve prosthesis Recent (< 6 mo) stroke/TIA </td> </tr> <tr> <td>Atrial Fibrillation (AF)</td> <td> <ul style="list-style-type: none"> CHADS₂ of 5 or 6 Recent (<3 mo) stroke/TIA Rheumatic valvular heart disease </td> </tr> <tr> <td>Venous Thrombo-embolism (VTE)</td> <td> <ul style="list-style-type: none"> Recent (<3 mo) VTE Severe thrombophilia (eg, deficiency of protein C, protein S, or antithrombin; antiphospholipid antibodies; multiple abnormalities </td> </tr> </table> <p>May also include those with a prior stroke/TIA occurring > 3 mo before the planned surgery and a CHADS₂ score < 5, those with prior thromboembolism during temporary interruption of VKAs, or those undergoing certain types of surgery associated with an increased risk for stroke or other thromboembolism (eg, cardiac valve replacement, carotid endarterectomy, major vascular surgery)</p> <p>Moderate (5-10%/yr TE risk) → Bridging is optional</p> <table border="1"> <tr> <td>MHV</td> <td> <ul style="list-style-type: none"> Bileaflet aortic valve prosthesis + ≥ 1 RF: AF, prior stroke/TIA, HTN, DM, HF, age > 75 y </td> </tr> <tr> <td>AF</td> <td> <ul style="list-style-type: none"> CHADS₂ of 3 or 4 </td> </tr> <tr> <td>VTE</td> <td> <ul style="list-style-type: none"> VTE within past 3-12 mo; Recurrent VTE Nonsevere thrombophilia (eg heterozygous factor V Leiden or prothrombin gene mutation) Active cancer (treated within 6 mo or palliative) </td> </tr> </table> <p>Low (<5%/yr TE risk) → No bridging</p> <table border="1"> <tr> <td>MHV</td> <td> <ul style="list-style-type: none"> Bileaflet aortic valve prosthesis without AF + no stroke RF </td> </tr> <tr> <td>AF</td> <td> <ul style="list-style-type: none"> CHADS₂ < 3 (assuming no prior stroke/TIA) </td> </tr> <tr> <td>VTE</td> <td> <ul style="list-style-type: none"> VTE > 12 mo previous + no other RF </td> </tr> </table>	Mechanical Heart Valve (MHV)	<ul style="list-style-type: none"> Any mitral valve prosthesis Any caged-ball or tilting disc aortic valve prosthesis Recent (< 6 mo) stroke/TIA 	Atrial Fibrillation (AF)	<ul style="list-style-type: none"> CHADS₂ of 5 or 6 Recent (<3 mo) stroke/TIA Rheumatic valvular heart disease 	Venous Thrombo-embolism (VTE)	<ul style="list-style-type: none"> Recent (<3 mo) VTE Severe thrombophilia (eg, deficiency of protein C, protein S, or antithrombin; 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if bridging, stop LMWH on the AM before Sx (omit PM dose if BID dosing; ↓ total daily dose by 50% with OD dosing) Day 0: if bridging, stop UFH 4-6 hrs before Sx; resume warfarin 12-24 hours after Sx if pt drinking fluids Day +1 to +3: if bridging, resume UFH/LMWH when hemostasis secured & not earlier than 12 hours after surgery; resume warfarin when patient drinking fluids Day +5,+6: if bridging, stop UFH/LMWH when INR therapeutic </td> <td> Apixaban (BID) (skip 4 doses) Last dose: 3 days before Sx Dabigatran (BID) CrCl > 50mL/min (skip 4 doses) Last dose: 3 days before Sx CrCl 30-50mL/min (skip 6-8 doses) Last dose: 4-5 days before Sx Rivaroxaban (OD) (skip 2 doses) Last dose: 3 days before Sx </td> <td> Apixaban Resume 2 days after Sx Dabigatran Resume 2 days after Sx Rivaroxaban Resume 2 days after Sx </td> </tr> </tbody> </table> <p>Bridging Dose Regimens & Recommendations <i>Therapeutic Dose</i> {most evidence}</p> <ol style="list-style-type: none"> Enoxaparin^{Lovenox} 1 mg/kg SC BID or 1.5 mg/kg SC daily or Dalteparin^{Fragmin} 100 IU/kg SC BID or 200 IU/kg SC daily or Tinzaparin^{Innohep} 175 IU/kg SC daily; or Unfractionated Heparin (UFH) IV to attain aPTT 1.5-2 X aPTT^{control} <p><i>Enoxaparin, dalteparin, tinzaparin</i> are covered under Exceptional Access Program's (EAP) Telephone Request Service (TRS) for peri-operative bridging, maximum of 10 days before date of surgery plus up to 7 days after surgery. Phone: 1-866-811-9893, Fax 1-866-811-9908</p>	WARFARIN ^{1,2}	NOACs		PRE-OP	POST-OP	No need to stop warfarin before surgery or procedure	Apixaban (BID) (skip 2 doses) Last dose: 2 days before Sx	Apixaban (BID) Resume 1 day after Sx	Dabigatran (BID) CrCl > 50mL/min (skip 2 doses) Last dose: 2 days before Sx CrCl 30-50mL/min (skip 4 doses) Last dose: 3 days before Sx	Dabigatran (BID) Resume 1 day after Sx	Rivaroxaban (OD) (skip 1 dose) Last dose: 2 days before Sx	Rivaroxaban (OD) Resume 1 day after Sx	WARFARIN ^{1,2}	NOACs		PRE-OP & POST-OP	PRE-OP	POST-OP	Day -5: stop warfarin Day -3: if bridging, start IV UFH/LMWH Day -1: INR testing (if INR >1.5, give vitamin K1 1-2 mg PO); if bridging, stop LMWH on the AM before Sx (omit PM dose if BID dosing; ↓ total daily dose by 50% with OD dosing) Day 0: if bridging, stop UFH 4-6 hrs before Sx; resume warfarin 12-24 hours after Sx if pt drinking fluids Day +1 to +3: if bridging, resume UFH/LMWH when hemostasis secured & not earlier than 12 hours after surgery; resume warfarin when patient drinking fluids Day +5,+6: if bridging, stop UFH/LMWH when INR therapeutic	Apixaban (BID) (skip 4 doses) Last dose: 3 days before Sx Dabigatran (BID) CrCl > 50mL/min (skip 4 doses) Last dose: 3 days before Sx CrCl 30-50mL/min (skip 6-8 doses) Last dose: 4-5 days before Sx Rivaroxaban (OD) (skip 2 doses) Last dose: 3 days before Sx	Apixaban Resume 2 days after Sx Dabigatran Resume 2 days after Sx Rivaroxaban Resume 2 days after Sx
Mechanical Heart Valve (MHV)	<ul style="list-style-type: none"> Any mitral valve prosthesis Any caged-ball or tilting disc aortic valve prosthesis Recent (< 6 mo) stroke/TIA 																																								
Atrial Fibrillation (AF)	<ul style="list-style-type: none"> CHADS₂ of 5 or 6 Recent (<3 mo) stroke/TIA Rheumatic valvular heart disease 																																								
Venous Thrombo-embolism (VTE)	<ul style="list-style-type: none"> Recent (<3 mo) VTE Severe thrombophilia (eg, deficiency of protein C, protein S, or antithrombin; antiphospholipid antibodies; multiple abnormalities 																																								
MHV	<ul style="list-style-type: none"> Bileaflet aortic valve prosthesis + ≥ 1 RF: AF, prior stroke/TIA, HTN, DM, HF, age > 75 y 																																								
AF	<ul style="list-style-type: none"> CHADS₂ of 3 or 4 																																								
VTE	<ul style="list-style-type: none"> VTE within past 3-12 mo; Recurrent VTE Nonsevere thrombophilia (eg heterozygous factor V Leiden or prothrombin gene mutation) Active cancer (treated within 6 mo or palliative) 																																								
MHV	<ul style="list-style-type: none"> Bileaflet aortic valve prosthesis without AF + no stroke RF 																																								
AF	<ul style="list-style-type: none"> CHADS₂ < 3 (assuming no prior stroke/TIA) 																																								
VTE	<ul style="list-style-type: none"> VTE > 12 mo previous + no other RF 																																								
WARFARIN ^{1,2}	NOACs																																								
	PRE-OP	POST-OP																																							
No need to stop warfarin before surgery or procedure	Apixaban (BID) (skip 2 doses) Last dose: 2 days before Sx	Apixaban (BID) Resume 1 day after Sx																																							
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<p>➔ If on warfarin, go to Step 2, then Step 3 ➔ If on NOACs, go to Step 3 (No bridging)</p>																																									